## Wellness.Wonder.Bemer October 8, 2024



# Discover how **BEMER enhances** ...

- Oxygen Delivery
- ~ Local Blood Flow
- Carbon Dioxide Removal
- ~ Muscle Conditioning
- ~ Performance
- Physical Fitness
- Muscular Strength
- Endurance and Energy
- ~ Vitality and Well-Being
- Stress Reduction and Relaxation

Presenter: Linda Krugman, BEMER Distributor

Hosted by: Revere Court Memory Care

Time: 5:30pm - 7:00pm Date: Tuesday, 10/8/2024

Enter to win a raffle prize. Must be present to win.

We're excited to have you attend!

#### **Event Info**

Join us as we take a peek into the body, with the capability of recovery and resilience alongside Bemer.
Linda will share how.

#### Location

Revere Court Memory Care 7707 Rush River Drive Sacramento CA 95831 (Free, street parking)

#### Contact Info

Seating is limited. Please reserve your seat by 10/04/2024 by calling or texting to 916-558-8932, or email: RC.DCR@ChancellorHealthcare.com

### **Event Notes / Links**

Refreshments and appetizers to be served by Revere Court's Chef Thomas.

Better Circulation. Better Health. Better Life.

