

## REVERE COURT

MEMORY CARE

### Monthly Caregiver Educational Seminar Series

#### Tuesday-January 20th at 2pm-

Denise Davis, Alzheimer's Association-

"Building Foundations for Caregiving"

#### Tuesday-February 17th at 2pm-

Stephanie Gunther, Del Oro Caregiver Resource Center-

"Rooted in Care-Empowering Family Caregivers"

#### Tuesday-March 17th<sup>th</sup> at 2pm-

Shelly Young, LVN, Educator, NAMI-"Depression in Seniors"

Light refreshments will be provided

Revere Court Day Club offers socialization, supervision, assistance, and activities from 8:30 am to 5:30 pm, Monday through Friday in our clubhouse. We offer families the opportunity to "recharge" for the day while your loved one enjoys themselves.

# We're Excited to Welcome Back Our FREE Monthly Educational Seminars!

Join us each month as we learn, share, and grow together on the journey of caregiving for a loved one with memory impairment.

At Revere Court Memory Care, we believe that support and education are essential for every caregiver.

Together, we can build understanding, resilience, and a stronger community of care.

Please join us! RSVP At 916-392-3510



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