



REVERE COURT

MEMORY CARE

Monthly Caregiver Educational Seminar

Tuesday-June 23rd

at 2pm

“Caring for Yourself While
Caring for Others”

Presented by:

Dena Jimena &

Vitas Healthcare Team

Light refreshments will be provided

Please join us!

At **Revere Court Memory Care**, we believe that **support and education** are essential for every caregiver. Together, we can build understanding, resilience, and a stronger community of care.

Please join us for this presentation on caregiver burnout, where we will discuss the signs, causes & impact of burnout on caregivers. This session will also provide helpful resources, support options, and mental health information to help caregivers care for themselves while continuing to care for others.

Please RSVP By June 19th

At **916-392-3510**

Coffee Klatch Support Group

Every Wednesday at 10am

Located in the Conference Room

This Support Group is for families and friends who have a loved one with Memory Loss.

We will help provide care giving strategies, education, resource information, and a shoulder to lean on!

www.RevereCourt.com
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