



Revere Court Memory Care Cottages Activity Calendar July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 AM Reach and Stretch 10:30 AM Daily Chronicle 11:00 AM Who Am I? 11:30 AM Club Fit 2:00 PM Sunday Devotional 2:30 PM Garden Care 3:00 PM BINGO! C1 4:00 PM Song Birds with Carolyn C1 4:30 PM Weight Exercise C1 6:00 PM Parlor Games	2 10:00 AM Morning Stretch 10:30 AM Welcome July 11:00 AM Trivia Time 11:30 AM Corn Hole 1:30 PM Sewing with Paul C 3 2:30 PM Reader's Gild C2 3:30 PM Patriotic Crafts C3 4:00 PM What Am I C3 4:30 PM Lift and Reach 6:00 PM Night Cooking with Paul C1	3 10:00 AM Move and Groove 10:30 AM Make 'em Laugh! 11:00 AM Mount Rushmore History 12:00 PM Fourth of July BBQ P 2:00 PM Patriotic Art 3:00 PM American Trivia 3:30 PM Famous Names Word Find 4:00 PM Funny One Liners 4:30 PM Dance to Jazz 6:00 PM Table Games	4 10:00 AM Zumba with Izzy C4 10:00 AM Current Events/ Daily Chronicles 10:30 AM Name 10 Things 11:00 AM Famous Twins 11:30 AM Corn Hole 2:00 PM Patriotic Song BirDs 3:00 PM Ice Cream Sundaes 4:00 PM Summer Trivia C2 4:30 PM Parachute Game C2 6:00 PM Night Movie	5 10:00 AM Music with Tom Boyd 11:00 AM Club Fit 11:30 AM Beauty Box 1:30 PM Drumming with Tandy C2 2:30 PM Noodle Ball 3:00 PM Art Time C4 3:30 PM Word Games C4 4:00 PM Classic Hollywood Talk C4 4:30 PM Bocce Ball 6:00 PM Parlor Games	6 10:00 AM Art Expression DC 11:00 PM Reach and Stretch 11:30 AM Band Exercise 2:00 PM Gardening Time G 2:30 PM Daily Chronicles 3:00 PM Hawaiian Happy Hour C3 3:30 PM Family Feud! 4:00 PM Rhythm Band C3 4:30 PM Dance to ABBA 6:00 PM Documentary	7 9:30 AM Morning Matinee C2 10:30 AM Daily Chronicles 10:45 AM Word Games 11:00 AM Basket Ball 2:00 PM Retro Kitchen C2 3:00 PM Food Trivia C2 3:30 PM Crochet Time C2 4:00 PM Garden Care 4:30 PM Corn Hole 6:00 PM Night Music Performance C3
8 10:00 AM Sunday Workout 10:30 AM Daily Chronicles 11:00 AM Name 10 Things 11:30 AM Ring Toss 2:00 PM Sunday Devotional 2:30 PM Garden Walks 3:00 PM Art Time C2 3:30 PM Sports Clichés C2 4:00 PM 1940s Trivia C2 4:30 PM Corn Hole 6:00 PM Documentary	9 10:00 AM Morning Stretch 10:30 AM Colorful Characters 11:00 AM Poetry Reading 11:30 AM Bean Bag Toss 1:30 PM Lift and Reach 2:00 PM Bowl Painting with Paul C 4 3:00 PM Reader Guild C1 3:30 PM Garden Care G 4:00 PM Ideas in a Jar 4:30 PM Club Fit 6:00 PM Night Cooking with Paul C2	10 10:00 AM Move and Groove 10:15 AM Music with Skip DC 11:30 AM Club Fit 1:30 PM Dance Dance Dance 2:00 PM Word Games 2:30 PM Songbirds with Carolyn 3:00 PM Reader's Guild C2 3:30 PM Garden Walkers 4:00 PM Word Search 4:30 PM Ring Toss 6:00 PM Puzzle Time	11 10:00 AM Zumba with Izzy DC 10:00 AM Daily Chronicles 10:30 AM What's in a Word? 11:00 AM Band Exercises 11:30 AM Target Toss 2:00 PM Mongolian Kitchen C 1 3:00 PM Name that Kitchen Tool C1 3:30 PM Department Store History C1 4:00 PM Patio Walks 4:30 PM Band Exercises 6:00 PM Crafter's Corner C	12 10:00 AM Club Fit 10:30 AM Morning Singing with Carolyn C1 11:00 AM What's in a Word? 11:30 AM Table Exercises 1:30 PM Drumming with Tandy C2 2:30 PM Short Stories C3 3:00 PM Milton Berle Quotes 3:30 PM Garden Walks and Care G 4:00 PM Card Games C2 4:30 PM Carnival Games C2 6:00 PM Parlor Games	13 10:00 AM Music with Michael Jaspar DC 10:30 AM Daily Chronicle/ News 10:30 AM Scenic Drive 11:00 AM Disco Dancing 11:30 AM Exercise to Jazz 2:00 PM Move and Dance with Paul 3:00 PM Tequila Happy Hour C1 3:30 PM Superstitions C1 4:00 PM Move and Groove 4:30 PM Chair Stretching 6:00 PM Night Movie	14 10:00 AM News and Chats 10:30 AM Daily Chronicles C4 10:45 AM What is Bastille Day 11:00 AM About Sharks 11:30 AM Table Exercises 1:30 PM Movie Matinee C2 2:00 PM Summer Crafts C3 3:00 PM Summer Trivia C3 4:00 PM Garden Walks 4:30 PM Club Fit 6:00 PM Table Games
15 10:00 AM Moring Stretch 10:30 AM Daily Chronicle 11:00 AM Carnival Games 11:30 AM Club Fit 2:00 PM Sunday Devotional 2:30 PM Does it Add Up? 3:00 PM Spelling Bee 3:30 PM Word Games 4:00 PM Mind Joggers 6:00 PM Table Games	16 10:00 AM Monday Motion 10:30 AM Remember When? 11:00 AM Jokes and Humor 11:30 AM Ring Toss 2:00 PM Making Airplanes with Paul C3 3:00 PM Reader's Guild C2 3:30 PM Garden Care G 4:00 PM History Talk 4:30 PM Conga Dance C3 6:00 PM Night Cooking with Paul C2	17 10:00 AM Table Exercises 10:30 AM Current Events/ Chronicles 11:00 AM On The Road 11:30 AM Reach and Stretch 2:00 PM Sewing with Paul C4 3:00 PM Art and Talks with Agnes C1 3:30 PM Phyllis Diller One Liners C1 4:00 PM Kids say the Darnedest Things C1 4:30 PM Basket Ball 6:00 PM Puzzle Time	18 10:00 AM Zumba with Izzy DC 10:00 AM Daily Chronicles 10:30 AM Mad Libs 11:00 AM Poetry Reading 11:30 AM Weight Exercises 2:00 PM Italian Kitchen C3 3:00 PM Italian Food Facts 4:00 PM Roman History on this Day 4:30 PM Corn Hole 6:00 PM Quilt Art	19 10:00 AM Chair Yoga 10:30 AM Daily Chronicles 11:00 AM Iconic Photos 11:30 AM Reach and Stretch 2:00 PM July Birthday Party DC 3:15 PM Reader's Guild C1 3:30 PM Art Time C4 4:00 PM Garden Care 4:30 PM Club Fit 6:00 PM Table Games	20 10:00 AM Reach and Stretch 11:00 AM Mind Joggers 11:30 AM Garden Walks 1:30 PM Dance to the Beatles 2:00 PM Reader's Guild C3 3:00 PM Friday Happy Hour C3 3:30 PM Today in History C3 4:00 PM Moon Trivia and Facts 4:30 PM Stretch and Reach 6:00 PM Art Time	21 9:30 AM Movie Matinee C2 10:30 AM Daily Chronicles 11:00 AM Junk Food Facts 11:30 AM Table Exercises 1:30 PM Summer Cooking C4 2:30 PM Sculpt with Sand C4 3:00 PM Garden Walkers G 4:00 PM Word Games C4 4:30 PM Parachute Game 6:00 PM Table Games
22 10:00 AM Coffee and Donuts 10:30 AM Club Fit 11:00 AM It's Earth Day! 11:30 AM Sunday Work out 2:00 PM Devotional 2:30 PM Trivia Sunday C2 3:00 PM Word Games C2 3:30 PM Who Am I? C2 4:00 PM Parachute Game C2 6:00 PM Table Games	23 10:00 AM Reach and Stretch 10:30 AM Daily Chronicles 11:00 AM Everything "Blue" 11:30 AM Exercise for Health 1:00 PM Art with Allison C1 2:00 PM Water Colors C 4 3:00 PM Ice Cream Cones C4 4:00 PM Ideas in A Jar C4 4:30 PM Horseshoes 6:00 PM Night Cooking with Paul	24 10:00 AM Weight Exercises 10:30 AM Daily Chronicles 11:00 AM Women Aviators 11:30 AM Club Fit 2:00 PM Patio Walks 2:30 PM What's in a Word? 3:00 PM Old Jokes 4:00 PM Garden Care G 4:30 PM Silver and Fit 6:00 PM Puzzle Time	25 10:00 AM Zumba with Izzy DC 10:00 AM Current Events 10:45 AM Daily Chronicle 11:00 AM Ring Toss 2:00 PM Blue Zone Cooking C1 3:00 PM Blueberry Facts C1 3:30 PM Word Games C1 4:00 PM Family Feud C3 4:30 PM Stretch and Reach 6:00 PM Parlor Games	26 10:00 AM Chair Yoga 10:30 AM Current Events/ Daily Chronicles 11:00 AM Club Fit 1:30 PM Band Exercises 2:00 PM Crocheting Time C2 3:00 PM Reader's Guild C2 3:30 PM Cross Words C3 4:00 PM Rhythm Band C3 4:30 PM Dance to Disco 6:00 PM Table Games	27 10:00 AM Move to Music 11:00 AM Garden Walks 11:30 AM Frisbee Toss 2:00 PM Reader's Guild C1 2:30 PM Garden Walks G 3:00 PM Happy Hour C1 3:30 PM Bugs Bunny Shorts C1 4:00 PM Funny One Line Jokes 4:30 PM Bocce Ball 6:00 PM Movie Night	28 9:30 AM Movie Matinee C2 10:30 AM Daily Chronicles 10:45 AM Word Games 11:00 AM Bean Bag Toss 1:30 PM Retro Kitchen C3 2:00 PM Food Facts and Fun C3 3:00 PM Songbirds with Carolyn 3:30 PM Sense of Smell 4:30 PM Club Fit 6:00 PM Table Games
29 10:00 AM Coffee and Snacks 10:30 AM Sunday News 11:00 AM Sunday Poetry 11:30 AM Weight Exercises 2:00 PM Devotional 2:30 PM BINGO! C2 3:30 PM Remember When? 4:00 PM Where AM I? 4:30 PM Stretch & Reach 6:00 PM Night Games	30 10:00 AM Music with Alvin DC 10:30 AM Daily Chronicles 11:00 AM Believe It or Not! 11:30 AM Chair Yoga 1:00 PM Water Colors with Allison C2 2:00 PM Water Colors with Allison C3 3:00 PM Brain Quiz 4:00 PM Word Puzzles 4:30 PM Move to Music 6:00 PM Parlor Games	31 10:00 AM Weight Exercises 10:30 AM Daily Chronicles 11:00 AM Beatrix Potter Bio 11:30 AM Corn Hole 2:00 PM Reader's Guild C1 2:30 PM Art with Rangee C4 3:00 PM Crochet with Carolyn C1 4:00 PM Elvis Trivia C1 4:30 PM Frisbee Toss 6:00 PM Puzzle Time		Revere Court Sacramento Memory Care 7707 Rush River Drive Sacramento, CA 95831 916-392-3510 <i>Activities/Times/ Locations subject to change. Changes to be posted</i>	LEGEND: C1– Cottage 1 C2– Cottage 2 C3 Cottage 3 C4– Cottage 4 DC– Day Club P– Patio G= Garden	 Like Revere Court Sacramento on Facebook facebook.com/reverecourtsacto