

# Revere Court Memory Care Cottages Activity Calendar April 2018

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|--|---|---|--|--|---|---|
| <b>1</b> 10:00 AM Reach and Stretch<br>10:30 AM Daily Chronicle<br>11:00 AM Easter Jokes<br>11:30 AM Club Fit<br>2:00 PM Sunday Devotional<br>2:30 PM Garden Care<br>3:00 PM Easter Social C2<br>3:30 PM Easter Word Games<br>4:00 PM Bunny Hop<br>6:00 PM Night Movie                     | <b>2</b> 10:00 AM Morning Stretch<br>10:30 AM Welcome April<br>11:00 AM April Fun Facts<br>11:30 AM Corn Hole<br>1:30 PM Sewing with Paul C 1<br>2:30 PM Remember Debbie Reynolds? C1<br>3:00 PM Showtune Rhythm Band C1<br>4:00 PM Famous World Exploders C1<br>4:30 PM Lift and Reach<br>6:00 PM Night Cooking with Paul C4 | <b>3</b> 10:00 AM Move and Groove<br>10:30 AM Make 'em Laugh!<br>11:00 AM What's in A Word?<br>11:30 AM Let's Stretch<br>2:00 PM Ice Cream Sundaes C3<br>3:00 PM Remember Jane Goodall C3<br>3:30 PM Martin Luther King Quotes C3<br>4:00 PM Rhyming Riddles<br>4:30 PM Dance to Jazz<br>6:00 PM Table Games      | <b>4</b> 10:00 AM <b>Zumba with Izzy</b> DC<br>10:00 AM Current Events/ Daily Chronicles<br>10:30 AM Name 10 Things<br>11:00 AM Brand Logos<br>11:30 AM Corn Hole<br>2:00 PM Music with Michael Jaspar DC<br>3:00 PM Crafter's Corner—Flags C1<br>4:00 PM Spring Trivia C1<br>4:30 PM Parachute Game C1<br>6:00 PM Night Craft with Paul C4  | <b>5</b> 10:00 AM Music with Tom Boyd<br>11:00 AM Club Fit<br>11:30 AM Beauty Box<br>1:30 PM Drumming with Tandy C2<br>2:30 PM Noodle Ball<br>3:00 PM Reader's Guild C2<br>3:30 PM Word Games C4<br>4:00 PM Classic Hollywood Talk C4<br>4:30 PM Bocce Ball<br>6:00 PM Table Games   | <b>6</b> 10:00 AM Art Expression DC<br>11:00 AM Reach and Stretch<br>11:30 AM Band Exercise<br>2:00 PM Exercise with Paul C3<br>2:30 PM Scottish Tartans C3<br>3:00 PM Happy Hour C3<br>3:30 PM Double Meaning Words C3<br>4:00 PM Rhythm Band C3<br>4:30 PM Dance to ABBA<br>6:00 PM Documentary                                     | <b>7</b> 10:00 AM Coffee and News<br>10:30 AM Daily Chronicles<br>10:45 AM Word Games<br>11:00 AM Basket Ball<br>2:00 PM Retro Kitchen C2<br>3:00 PM Food Trivia C2<br>3:30 PM What's in A Word? C2<br>4:00 PM Garden Care<br>4:30 PM Corn Hole<br>6:00 PM Recreation Stations  |
| <b>8</b> 10:00 AM Sunday Workout<br>10:30 AM Daily Chronicles<br>11:00 AM Name 10 Things<br>11:30 AM Ring Toss<br>2:00 PM Sunday Devotional<br>2:30 PM Garden Walks<br>3:00 PM Frog Art<br>3:30 PM Frog Fun Facts<br>4:00 PM 1940s Trivia<br>4:30 PM Corn Hole<br>6:00 PM Documentary      | <b>9</b> 10:00 AM Morning Stretch<br>10:30 AM Rosie the Riveter<br>11:00 AM Poetry Reading<br>11:30 AM Bean Bag Toss<br>1:30 PM Lift and Reach<br>2:00 PM Art Class with Paul C 4<br>3:00 PM Reader Guild C1<br>3:30 PM Garden Care<br>4:00 PM Ideas in a Jar<br>4:30 PM Club Fit<br>6:00 PM Night Cooking with Paul          | <b>10</b> 10:00 AM Move and Groove<br>10:15 AM Music with Skip DC<br>11:30 AM Club Fit<br>1:30 PM Dance Dance Dance<br>2:00 PM Rain Forest Art<br>2:30 PM Rain Forest Facts<br>3:00 PM Reader's Guild C2<br>3:30 PM Garden Walkers<br>4:00 PM Word Search<br>4:30 PM Ring Toss<br>6:00 PM Puzzle Time             | <b>11</b> 10:00 AM <b>Zumba with Izzy</b> DC<br>10:00 AM Daily Chronicles<br>10:30 AM History Talk— Civil Rights<br>11:00 AM Dance Dance Dance<br>11:30 AM Target Toss<br>2:00 PM Retro Kitchen<br>3:00 PM Things That Are Pink!<br>3:30 PM Reader's Guild C1<br>4:00 PM Patio Walks<br>4:30 PM Band Exercises<br>6:00 PM Crafter's Corner C | <b>12</b> 10:00 AM Club Fit<br>10:30 AM Morning Singing with Carolyn C1<br>11:00 AM What's in a Word?<br>11:30 AM Table Exercises<br>1:30 PM Drumming with Tandy C2<br>2:30 PM Short Stories C3<br>3:00 PM Sewing Circle with Paul C3<br>3:30 PM Garden Walks G<br>4:00 PM Card Games C1<br>4:30 PM Carnival Games C1<br>6:00 PM Table Games | <b>13</b> 10:00 AM Reach and Stretch<br>10:30 AM Daily Chronicle/ News<br>10:30 AM Scenic Drive<br>11:00 AM Disco Dancing<br>11:30 AM Exercise to Jazz<br>2:00 PM Move and Dance with Paul<br>3:00 PM Tequila Happy Hour C2<br>3:30 PM Superstitions C2<br>4:00 PM Move and Groove<br>4:30 PM Chair Stretching<br>6:00 PM Night Movie | <b>14</b> 10:00 AM Movie Matinee C2<br>10:30 AM Daily Chronicles C4<br>10:45 AM Remember Loretta Lynn C4<br>11:00 AM Famous Child Actors C4<br>11:30 AM Table Exercises<br>1:30 PM Crochet with Carolyn<br>3:00 PM Saturday Crafts C3<br>3:30 PM Saturday Trivia C3<br>4:00 PM Abraham Lincoln Facts<br>4:30 PM Club Fit<br>6:00 PM Table Games |
| <b>15</b> 10:00 AM Moring Stretch<br>10:30 AM Daily Chronicle<br>11:00 AM Carnival Games<br>11:30 AM Club Fit<br>2:00 PM Sunday Devotional<br>2:30 PM Does it Add Up?<br>3:00 PM Spelling Bee<br>3:30 PM Who's on the Money?<br>4:00 PM Baseball on the Lawn<br>6:00 PM Table Games        | <b>16</b> 10:00 AM Music with Alvin DC<br>10:30 AM Remember When?<br>11:00 AM Jokes and Humor<br>11:30 AM Ring Toss<br>2:00 PM Paper Airplanes with Paul C3<br>3:00 PM Reader's Guild C1<br>3:30 PM Garden Care G<br>4:00 PM Henry Mancini Music C3<br>4:30 PM Conga Dance C3<br>6:00 PM Night Cooking with Paul C2           | <b>17</b> 10:00 AM Table Exercises<br>10:30 AM Current Events/ Chronicles<br>11:00 AM On The Road<br>11:30 AM Reach and Stretch<br>2:00 PM Spring Patio Chats<br>2:30 PM Spring Trivia<br>3:00 PM Reader's Guild C2<br>4:00 PM Water the Garden with Paul G<br>4:30 PM Club Fit<br>6:00 PM Puzzle Time            | <b>18</b> 10:00 AM <b>Zumba with Izzy</b> DC<br>10:00 AM Daily Chronicles<br>10:30 AM Create a Story<br>11:00 AM Poetry Morning<br>11:30 AM Weight Exercises<br>2:00 PM Retro Kitchen C3<br>3:00 PM BINGO! C3<br>4:00 PM Star Walk App on iPad C3<br>4:30 PM Ring Toss<br>6:00 PM Japanese Art   | <b>19</b> 10:00 AM Chair Yoga<br>10:30 AM Daily Chronicles<br>11:00 AM Japan Facts and Fun<br>12:00 PM Japan Cherry Blossom Lunch<br>2:00 PM Birthday Party DC<br>3:00 PM Trivia Time<br>3:30 PM Does it Add Up?<br>4:00 PM Garden Care<br>4:30 PM Club Fit<br>6:00 PM Table Games   | <b>20</b> 10:00 AM Reach and Stretch<br>11:00 AM Mind Joggers<br>11:30 AM Garden Walks<br>1:30 PM Dance to the Beatles<br>2:00 PM Reader's Guild C1<br>2:30 PM Remember When? C3<br>3:00 PM Friday Happy Hour C3<br>3:30 PM Humor for Health C3<br>4:00 PM Stretch and Reach<br>6:00 PM Movie Night                                   | <b>21</b> 10:00 AM Coffee and News<br>10:30 AM Daily Chronicles<br>11:00 AM John Muir Day<br>11:30 AM Table Exercises<br>1:30 PM Movie Matinee C2<br>2:00 PM Crafters Corner C4<br>3:00 PM Garden Walkers<br>4:00 PM Word Games<br>4:30 PM Parachute Game<br>6:00 PM Table Games  |
| <b>22</b> 10:00 AM Coffee and Donuts<br>10:30 AM Club Fit<br>11:00 AM It's Earth Day!<br>11:30 AM Sunday Work out<br>2:00 PM Devotional<br>2:30 PM Earth Day Word Game<br>3:00 PM EARTH Categories Game<br>3:30 PM Who Am I?<br>4:00 PM Ball Toss                      6:00 PM Table Games | <b>23</b> 10:00 AM Reach and Stretch<br>10:30 AM Daily Chronicles<br>11:00 AM Ball Toss<br>1:00 PM Art with Allison C2<br>2:00 PM Water Colors C4<br>3:00 PM Reader's Guild C2<br>3:30 PM Cranium Crunches C4<br>4:00 PM Ideas in A Jar C4<br>4:30 PM Horseshoes<br>6:00 PM Night Cooking with Paul                           | <b>24</b> 10:00 AM Weight Exercises<br>10:30 AM Daily Chronicles<br>11:00 AM Facts about The Sun<br>11:30 AM Club Fit<br>2:00 PM Patio Walks<br>2:30 PM What's in a Word?<br>3:00 PM Sewing Circle with Paul C3<br>4:00 PM Garden Care<br>4:30 PM Silver and Fit<br>6:00 PM Puzzle Time                           | <b>25</b> 10:00 AM <b>Zumba with Izzy</b> DC<br>10:00 AM Current Events<br>10:45 AM Daily Chronicle<br>11:00 AM Ring Toss<br>2:00 PM Costa Rican Cooking C2<br>3:00 PM Costa Rican Food Facts C2<br>3:30 PM Word Games<br>4:00 PM Sing to Showtunes C3<br>4:30 PM Stretch and Reach<br>6:00 PM Night BINGO! C 4                              | <b>26</b> 10:00 AM Chair Yoga<br>10:30 AM Current Events/ Daily Chronicles<br>11:00 AM Club Fit<br>1:30 PM Band Exercises<br>2:00 PM Crocheting Time C1<br>3:00 PM Reader's Guild C1<br>3:30 PM Cross Words C3<br>4:00 PM Rhythm Band C3<br>4:30 PM Dance to Disco<br>6:00 PM Table Games  | <b>27</b> 10:00 AM Matsuyama School Visits<br>11:00 AM Garden Walks<br>11:30 AM Frisbee Toss                      2:00 PM Tree Word Scramble<br>2:30 PM What's is Arbor Day?<br>3:00 PM Garden Happy Hour G<br>3:30 PM Tree Word Games G<br>4:00 PM Tree Poems G<br>4:30 PM Croquet on the Lawn<br>6:00 PM Movie Night                | <b>28</b> 10:00 AM Movie Matinee C2<br>10:30 AM Daily Chronicles<br>10:45 AM Word Games<br>11:00 AM Bean Bag Toss<br>1:30 PM Retro Kitchen C3<br>2:00 PM Food Facts and Fun C3<br>3:00 PM Songbirds with Carolyn<br>3:30 PM Sense of Smell<br>4:30 PM Club Fit<br>6:00 PM Table Games   |
| <b>29</b> 10:00 AM Coffee and Snacks<br>10:30 AM Sunday News<br>11:00 AM What is a Pink Moon?<br>11:30 AM Weight Exercises<br>2:00 PM Devotional<br>2:30 PM BINGO! C2<br>3:30 PM Kazoo and Rhythm Band C2<br>4:00 PM Make A Wish !<br>4:30 PM Stretch & Reach<br>6:00 PM Night Games       | <b>30</b> 10:00 AM Ball Toss<br>10:30 AM Daily Chronicles<br>11:00 AM Believe It or Not!<br>11:30 AM Chair Yoga<br>1:00 PM Water Colors with Allison C1<br>2:00 PM Water Colors with Allison C3<br>3:00 PM Brain Quiz<br>4:00 PM Word Puzzles<br>4:30 PM Move to Music<br>6:00 PM Night Cooking with Paul                     | <b>Revere Court Sacramento<br/>                     Memory Care<br/>                     7707 Rush River Drive<br/>                     Sacramento, CA 95831<br/>                     916-392-3510</b><br><br><i>Activities/Times/ Locations subject<br/>                     to change. Changes to be posted</i> | <b>LEGEND:</b><br>C1— Cottage 1<br>C2— Cottage 2<br>C3— Cottage 3<br>C4— Cottage 4<br>DC— Day Club<br>P— Patio<br>G= Garden  |  | <br><b>Like Revere Court Sacramento<br/>                     on Facebook</b><br>facebook.com/reverecourtsacto   |   |