








Revere Court Memory Care Cottages Activity Calendar October 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Revere Court Sacramento Memory Care 7707 Rush River Drive Sacramento, CA 95831 916-392-3510</p> 	<p>1 10:00 AM Morning Stretch 10:30 AM Welcome October 11:00 AM Old Cars Remembered 11:30 AM Ring Toss 1:30 PM Garden Walks 2:00 PM Reader's Guild C1 3:00 PM Monday BINGO! C1 4:00 PM Trivia Time C1 4:30 PM Lift and Reach 6:00 PM Night Cooking with Paul C4</p>	<p>2 10:00 AM Move and Groove 10:30 AM The Great Redwoods 11:00 AM Disney World Anniversary 11:30 AM Reach and Stretch 2:00 PM Reader's Guild C3 3:00 PM Visit Disneyland Video 3:30 PM Disneyland Remembered 4:00 PM Sing Disney Songs 4:30 PM Dance to Jazz 6:00 PM Table Games</p>	<p>3 10:00 AM Zumba with Izzy DC 10:00 AM Current Events/ Daily Chronicles 10:30 AM What's in a Word? 11:00 AM Does it Add UP? 11:30 AM Do The Twist 2:00 PM Music with Michael Jaspar 3:00 PM Rhythm Band 4:00 PM Afternoon Trivia 4:30 PM Parachute Game 6:00 PM Recreation Stations</p>	<p>4 10:00 AM Music with Tom Boyd 11:00 AM Club Fit 11:30 AM Beauty Box 1:30 PM Garden Walkers 2:00 PM Drumming with Tandy C3 3:00 PM Fall Crafts C3 3:30 PM Word Games 4:00 PM Song Blrds 4:30 PM Indoor Bocce 6:00 PM Table Games</p>	<p>5 10:00 AM Art Expression DC 11:00 PM Reach and Stretch 11:30 AM Band Exercise 2:00 PM Reader's Guild C1 2:30 PM Garden Care 3:00 PM Happy Hour C1 3:30 PM You Bet Your Life Trivia C1 4:00 PM Rhythm Band 4:30 PM Dance to ABBA 6:00 PM Night Cooking</p>	<p>6 10:00 AM Daily Chronicles 10:30 AM Classic Twilight Zone C1 10:45 AM Word Games 11:00 AM Basket Ball 1:30 PM Garden Walks G 2:00 PM Movie Matinee C2 3:00 PM Saturday Art 4:00 PM Wheel of Fortune 4:30 PM Corn Hole 6:00 PM Recreation Stations</p>
<p>7 10:00 AM Coffee and Donuts 10:30 AM Daily Chronicles 11:00 AM Remember When? 11:30 AM Balloon Volleyball 2:00 PM Sunday Devotional 2:30 PM Sunday BINGO! C1 3:30 PM Trivia Time 4:00 PM How Did We Live Without...? 4:30 PM Dance to Elvis 6:00 PM Documentary</p>	<p>8 10:00 AM Morning Stretch 10:30 AM Columbus Day 11:00 AM Dominoes 11:30 AM Disco Dancing 1:30 PM Lift and Reach 2:00 PM Art Class with Paul C3 3:00 PM Reader's Guild C3 4:00 PM Mind Joggers  4:30 PM Club Fit 6:00 PM Night Cooking with Paul C1</p>	<p>9 10:00 AM Move and Groove 10:15 AM Music with Skip DC 11:30 AM Club Fit 1:30 PM Fall Sewing Projects C3 2:30 PM Mind Joggers C3 3:30 PM Unsolved Mysteries C3 3:00 PM Fact or Fiction Game C3 4:00 PM Word Searches 4:30 PM Ring Toss 6:00 PM Evening Art</p>	<p>10 10:00 AM Zumba with Izzy DC 10:00 AM Daily Chronicles 10:30 AM Slicing and Dicing C2 11:00 AM Fruit or Veggie? 11:30 AM Target Toss 2:00 PM Pizza Cooking C2 3:00 PM Kazoo and Rhythm Band C2 4:00 PM Gourds Matching Game 4:30 PM Band Exercises 6:00 PM Crafts with Paul C2</p>	<p>11 10:00 AM Club Fit 10:30 AM Eleanor Roosevelt 11:00 AM What's in a Word? 11:30 AM Table Exercises 1:30 PM Drumming with Tandy C4 2:30 PM Garden Walks 3:00 PM Reader's Guild C1 4:00 PM Card Games C4 4:30 PM Milk Bottle Lacrosse 6:00 PM Table Games</p>	<p>12 10:00 AM Wake Up and Move! 10:30 AM Daily Chronicle/ News 11:00 AM World Egg Day 11:30 AM Exercise to Jazz 2:00 PM Reader's Guild C2 3:00 PM Happy Hour C2 3:30 PM Trivia Time C2 4:00 PM Show tune Songs 4:30 PM Chair Stretching 6:00 PM Night Movie</p>	<p>13 10:00 AM Daily Chronicles and News 10:30 AM Classic Twilight Zone C2 11:00 AM Does it Add Up? 11:30 AM Reach and Stretch 1:30 PM Garden Walks G 2:00 PM Movie Matinee C3 3:00 PM Fall Art 4:00 PM 1960's Trivia 4:30 PM Club Fit 6:00 PM Table Games</p>
<p>14 10:00 AM Coffee and Donuts 10:30 AM Daily Chronicle 11:00 AM Word Games 11:30 AM Club Fit 2:00 PM Sunday Devotional 2:30 PM Sunday BINGO! C3 3:30 PM Movie Trivia C3 4:00 PM US Navy Day C3 4:30 PM Dance to Beatles 6:00 PM Table Games</p>	<p>15 10:00 AM Weight Exercises 10:30 AM News and Chronicle 11:00 AM Famous Chefs 11:30 AM Ring Toss 1:30 PM Garden Walks G 2:00 PM German Crafts with Paul C4 3:00 PM German Trivia C4 4:00 PM Ad Slogans C4 4:30 PM Reach and Stretch 6:00 PM German Cooking with Paul C3</p>	<p>16 10:00 AM Table Exercises 10:30 AM Current Events/ Chronicles 11:00 AM On The Road 11:30 AM Corn Hole 2:00 PM Sewing with Paul C2 3:00 PM Department Store History C2 3:30 PM YouTube Clips C2 4:00 PM Close Up Food C2 4:30 PM Club Fit 6:00 PM Evening Cooking</p>	<p>17 10:00 AM Zumba with Izzy DC 10:00 AM Daily Chronicles 10:30 AM Mad Libs 11:00 AM Classic Twilight Zone C2 11:30 PM Club Fit 2:00 PM German Kitchen C1 3:00 PM Reader's Guild C1 4:00 PM Remember Evel Knievel? C1 4:30 PM Ring Toss 6:00 PM Evening Crafts C1</p>	<p>18 10:00 AM Chair Yoga  10:30 AM Daily Chronicles 11:00 AM Reach and Stretch! 12:00 PM Oktoberfest Lunch 2:00 PM Garden Walks  2:30 PM Crochet Circle C2 3:00 PM Reader's Guild C2 4:00 PM Winter Bird Facts 4:30 PM Club Fit 6:00 PM Table Games</p>	<p>19 10:00 AM Stretch and Lift! 11:00 AM Mind Joggers 11:30 AM Garden Walks 1:30 PM Dance to the Beatles 2:00 PM Birthday Party DC 3:00 PM "Cheers" Happy Hour C4 3:30 PM Classic TV Trivia C4 4:00 PM Family Feud C4 4:30 PM Stretch and Reach 6:00 PM Movie Night</p>	<p>20 10:00 AM Daily Chronicles 10:30 AM Classic Twilight Zone C1 11:00 AM Sweet Foods Word Game 11:30 AM Table Exercises 1:30 PM Movie Matinee C2 2:00 PM Crafters Corner C3 3:00 PM Song Birds C3 4:00 PM I Spy C3 4:30 PM Parachute Game 6:00 PM Table Games</p>
<p>21 10:00 AM Coffee and Donuts 10:30 AM Club Fit 11:00 AM Name that Animal 11:30 AM Sunday Work out 2:00 PM Devotional 2:30 PM Ice Cream Sundaes C1 3:00 PM Ideas in a Jar C1 3:30 PM Who Am I? C1 4:00 PM Ball Toss 6:00 PM Table Games</p>	<p>22 10:00 AM Reach and Stretch 10:30 AM Daily Chronicles 11:00 AM Ball Toss 1:00 PM Art with Allison C3 2:00 PM Water Colors C2 3:00 PM Rhythm Band C2 3:30 PM Showtune Song Birds C2 4:00 PM Fun Movie Facts C2 4:30 PM Horseshoes 6:00 PM Night Cooking with Paul C1</p>	<p>23 10:00 AM Music with Alvin 10:30 AM Daily Chronicles 11:00 AM Classic TV Themes 11:30 AM Club Fit 2:00 PM Reader's Guild C1 3:00 PM Pumpkin Carving C1 3:30 PM Pumpkin Facts C1 4:00 PM Silver Screen Trivia 4:30 PM Silver and Fit 6:00 PM Evening Cooking</p>	<p>24 10:00 AM Zumba with Izzy DC 10:00 AM Current Events 10:45 AM Daily Chronicle 11:00 AM Ring Toss 2:00 PM Japanese Cooking C3 3:00 PM Japanese Food Facts C3 3:30 PM Planet Earth Video C3 4:00 PM Video Discussion C3 4:30 PM Stretch and Reach 6:00 PM Halloween Crafts C2</p>	<p>25 10:00 AM Chair Yoga 10:30 AM Current Events/ Daily Chronicles 11:00 AM Halloween Stories 11:30 AM Club Fit 1:30 PM Band Exercises 2:00 PM Drumming with Tandy C1 3:00 PM Reader's Guild C1 4:00 PM TV Trivia C1 4:30 PM Dance to Disco 6:00 PM Table Games</p>	<p>26 10:00 AM Mummy Movement 10:30 AM Halloween Word Games 11:00 AM Superstitions 11:30 AM Bone Toss 1:00 PM MotorCycle Show P 2:30 PM Halloween Happy Hour C2 3:00 PM Scary Stories C2 4:00 PM Halloween History and Facts C2 4:30 PM Dance to ABBA 6:00 PM Movie Night</p>	<p>27 10:00 AM Coffee and News 10:30 AM Daily Chronicles 10:45 AM Word Games 11:00 AM Bean Bag Toss 1:30 PM Retro Kitchen 2:30 PM Pumpkin Food Facts 3:00 PM Song Birds 3:30 PM According to Emily Post... 4:30 PM Club Fit 6:00 PM Table Games</p>
<p>28 10:00 AM Coffee and Snacks 10:30 AM Sunday News 11:00 AM Sports Trivia 11:30 AM Football Hot Potato 2:00 PM Devotional 2:30 PM BINGO! 3:30 PM Kazoo and Rhythm Band 4:00 PM Reminiscence about Halloween 4:30 PM Stretch & Reach 6:00 PM Night Games</p>	<p>29 10:00 AM Ball Toss 10:30 AM Daily Chronicles 11:00 AM Believe It or Not! 11:30 AM Chair Yoga 1:00 PM Water Colors with Allison C4 2:00 PM Water Colors with Allison C1 3:00 PM Readers Guild C1 4:00 PM Word Puzzles C1 4:30 PM Move to Music 6:00 PM Night Cooking with Paul C1</p>	<p>30 10:00 AM Chair Yoga 10:30 AM Daily Chronicles 11:00 AM War of The Worlds Remembered 11:30 AM Monster Mash! 1:30 PM Classic Twilight Zone TV C2 2:00 PM Readers Guild C2 3:00 PM WITCH Bingo! C2 4:00 PM Halloween Word Games 4:30 PM Candy Corn Hole 6:00 PM Evening Cooking</p>	<p>31 9:30 AM Trick or Treating with Montessori Students 10:30 AM Halloween Games 11:00 AM Table Ball 2:00 PM Halloween Cooking 3:00 PM Halloween Party! 3:30 PM Superstitions 4:00 PM Ghastly Jokes  4:30 PM Stretch and Reach 6:00 PM Table Game</p>	 <p>Activities/ Times/ location subject to change</p>	<p>LEGEND: C1– Cottage 1 C2– Cottage 2 C3 Cottage 3 C4– Cottage 4 DC– Day Club P– Patio CR– Conference Room G= Garden</p>	 <p>Like Revere Court Sacramento on Facebook facebook.com/reverecourtsacto</p>